

# “The 6 Secrets to Teaching Kids Self-Discipline and Respect”



# grow

## Healthy families

You've tried yelling and screaming, begging and bribing, but you still can't get your children to listen. You just want the power struggles to stop. This program will introduce you to six simple steps that will positively change the way your child behaves. You'll learn practical, proven strategies that will improve your children's behavior and your family relationships.

Speaker: Dr. Peter Montminy, child psychologist, family wellness coach and father of four.

**Date :**Thursday, Oct 28th

**Time:** 5:30-7:30 pm

**Location:** Covenant United Methodist Church

(44 West Main Street, Lock Haven)

**RSVP:** October 15, 2010

**Cost:** FREE (Light meal included)

**Who:** Parents & Providers

**To register please contact:**

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Workshop sponsored by the Penn State Cooperative Extension, Clinton County LICC and the Clinton County Community Engagement Team

\*ACT 48, CEU and DPW Credits (K3 C1 Topic Code 33) have been applied for\*